



Athletics

Sports Technical Manual

Version 2.0





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1.

**WELCOME AND
INTRODUCTION**

Talofa lava and welcome to Beautiful Samoa – home of the Samoa 2019 XVI Pacific Games.

We are excited to host the Pacific Region's largest quadrennial games here in our country, with more than 4000 Athletes and Team Officials from 24 countries competing in 27 sports.

Samoa is honoured to host you for the Games. We are proud of the work that has been accomplished to produce a world-class event for everyone in such a short period of time. Our motto from the beginning has been to "put our best foot forward" and we hope you will agree that we have done just that.

We put athletes and sport at the heart of our work and want to create a stage where you can excel. We are excited to provide an opportunity and platform for athletes to show their potential and create sporting memories at the Games here in Samoa. We admire your dedication to your sport and acknowledge and appreciate all your efforts in preparing your team to compete at the XVI Pacific Games from 7–20 July 2019. We are also eager to give you the best facilities, organisation and support that the people of Samoa can provide so your athletes can compete at their best.

As a nation, we know that to deliver a successful Games for our Pacific athletes, we will all need to be One in Spirit. Faafetai tele lava to each of the teams for the invaluable assistance provided to the Games Organising Committee. We could not have done this without your support.

We are delighted to present the Sport Technical Handbook for the Samoa 2019 XVI Pacific Games.

This publication contains details of the technical arrangements for your Sports and the various aspects of the Games that affect you. Please treat this as your source of reference during the Games.

Our dedicated Games staff and volunteers are here to assist you if you have any questions or issues. You can also seek further guidance from our Sport Information Centre located at the Games Village and Sport Information Desks at every venue.

We believe that the Pacific Games is not only about sports but also about building bonds between our Pacific nations. Therefore, we wish you a fantastic time at the Games. We hope you enjoy our warm Samoan hospitality as well as the camaraderie of the 24 nations from the Pacific that are participating in this year's Games.

One in Spirit!

Hon. Loau Solamalemalo Keneti Sio
Chairperson
Samoa 2019 Pacific Games

Falefata Hele-Ei Matatia
Chief Executive Officer
Samoa 2019 Pacific Games

2.

ORGANISATION

2.1 International Federation (IF) – International Association of Athletics Federations

President: Lord Sebastian Coe

Chief Executive Officer: Jon Ridgeon

2.2 Regional Athletics Association – Oceania Athletics Association

President: Geoffrey Gardner

Chief Executive Officer: Yvonne Mullins

2.3 National Athletics Association – Athletics Samoa

President: Jerry Brunt

Secretary: Dengue Tagiifano So'olalole

2.4 Athletics Technical Committee – Pre Games

Sports Competition Manager: Dengue Tagiifano So'olalole

IF Technical Delegate: Yvonne Mullins (yvonne@oceaniaathletics.com)

Competition Manager (OAA): Tom O'Shaughnessy

2.5 Athletics Technical Committee – Games Time

International Association of Athletics Federation

Technical Delegate (TD): Yvonne Mullins

2.6 Key Competition Management

Sports Competition Manager: Dengue Tagiifano So'olalole

Competition Director: Khan Sharp

Area International Technical Officials: Anthony Curry, Kim Owens

2.7 International Technical Officials (ITO)

Albertine An

Alison Fairweather

Angelina Revell-Lewis

Anthony Curry

Barrie Cox

Biu Colati

Brodie Modini

Carmen Sims

Chris Waqa

Christine Graham

Daniel Lewis

Denis Wilson

Diane Lowden

Donation Damikura

Vuli Waqa

Geoff Gardner

Jacinta Langa

Jean Pierre Tiopang

Jeannette Richter

Jenny Boardman

Josaia Tuinamata

Josese Kalouvou

Kavaefiafi Tupou

Kim Owens

Lauren Kidd

Lomanitiesa Tufui

Louise Teariki

Lylen Johnston

Marie-Therese Suve

Morris Manai

Palu Havea

Peter Sinfield

Peter Khan Sharp

Richard Lawysz

Robert Aron Ifuna

Ron Richter

Sarah Davis

Thierry Truques

Thomas O'Shaughnessy

Trevor Fitzsimons

Waisiki Koroivulavou

Wayne Greenham

Yvonne Mullins

2.8 National Technical Officials

Name	Country
Aukusitino Ropati	Samoa
Denzil Asi	Samoa
Leafaitulagi Va'aelua	Samoa
Veto Lokeni	Samoa
Enari Pouniu	Samoa
Enari Viliamu	Samoa
Lupesiliva Ainuu	Samoa
Matauaina Arana	Samoa
Ioapo Ioapo	Samoa
Soonalote Manila	Samoa
Pu'a Sakaria	Samoa
Vaeluaga Reti	Samoa
Sineitui Taualoa	Samoa
Bennona Leleimalefaga	Samoa
Edwina Nielsen	Samoa
Ikenasio Eneliko	Samoa
Maoputasi Sofara	Samoa
Shalom Setu	Samoa
Lalomilo Kamu	Samoa
Fuelafo Tualualelei	Samoa
Moeva Aloese	Samoa
Faavae Neru	Samoa
Grace Schwenke	Samoa
Lisa Uili	Samoa
Fegauiai Brown	Samoa
Seutatia Taleni	Samoa
Siakisone Taleni	Samoa
Steve Mauigoa	Samoa
Motisha Solo	Samoa
Asuelu Iafeta	Samoa
Tuasivi Elisaia	Samoa
Phyllis Salanoa	Samoa
Maylani Ah Hoy	Samoa
Folasa Pasi	Samoa
Faalilo Wilbur	Samoa
Leuta McCarthy	Samoa
Maletino Falekuata	Samoa
Mealofa Tofaeono	Samoa

Paulo Tuugamusu	Samoa
Kim Solomona	Samoa
Sepasitiano Solofa	Samoa
Peter Matulino	Samoa
Petelo Tuala	Samoa
Peni Fereti	Samoa
Joe Lemana	Samoa

2.9 Technical Meeting

The Technical Committee Meeting will be held no more than 48 hours prior to the commencement of the competition. This meeting will provide the most current sport specific information. The Technical Committee shall ensure that the Pacific Games Athletics competition is conducted in accordance with the technical rules and regulations of International Association of Athletics Federations. Updated information will be distributed at this time.

The Athletics Technical Committee meeting has been scheduled as follows:

Date: 14 July, 2019

Time: 1700hrs

Venue: Apia Park Stadium

3.

**COMPETITION
MANAGEMENT**

3.1 Competition Rules and Regulations

Athletics for the Samoa 2019 XVI Pacific Games will be conducted according to the rules of the International Association of Athletics Federation and the Oceania Athletic Association.

3.2 Technical Information Centre

The main function of the Technical Information Centre (TIC) is to ensure smooth communication between each of the Team Delegates and the OC, the Oceania Athletics Technical Delegate, and the Competition Management, regarding technical matters.

The TIC for Athletics will be located within the Sport Information Centre (SIC) in the Games Village in Faleula prior to the start of competition.

During competition, the TIC will be located at Apia Park Stadium.

The TIC at the stadium will be open ninety minutes before competition begins until one hour after the last event each morning and evening session.

The responsibilities of the TIC are:

- Receipt of written questions to be answered during the Technical Meeting
- Provide start lists and results for each Federation and key Technical Officials
- Liaison points concerning technical matters between Team Delegate(s), Technical Delegate(s), and Competition Management
- Receipt of final confirmations
- Final declaration of Team Relays
- Withdrawal and substitution of athletes
- Settlement of technical enquiries from delegations
- Registration and collection of personal implements. (e.g. shot put, etc.)
- Recovery of items confiscated at the Call Room, not collected on completion of the event
- Publication and posting of start lists and results on Notice Board outside the TIC Room
- Receipt of protests and appeals from the teams
- Issue of forms for claiming records
- Processing of record claims

- Organisation of photo-finish print if required for records
- Answering technical questions asked by Team Management

Distribution of technical material will be through the pigeon hole or mail box system including competition information such as timetables, start lists, official results, results of appeals to the jury, any official announcements and general information.

Access to the TIC will be limited to two Team representatives, members of the Competition Management Team, media representatives, and any IAAF representatives.

3.3 List of Events

The Samoa 2019 XVI Pacific Games Athletics Competition shall consist of the following events.

Men	Women
100m	100m
100m (Ambulant)*	100m (Ambulant)*
200m	200m
400m	400m
800m	800m
1500m	1500m
5000m	5000m
10,000m	10,000m
3000m Steeplechase	3000m Steeplechase
Half Marathon	Half Marathon
110m Hurdles	100m Hurdles
400m Hurdles	400m Hurdles
4x100 Relay	4x100 Relay
4x400 Relay	4x400 Relay
Decathlon	Heptathlon
Pole Vault	Pole Vault
Javelin Throw	Javelin Throw
Javelin Throw (Ambulant)*	Javelin Throw (Ambulant)*
High Jump	High Jump
Long Jump	Long Jump
Triple Jump	Triple Jump
Discus Throw	Discus Throw
Hammer Throw	Hammer Throw
Shot Put	Shot Put
Shot Put (Seated)*	Shot Put (Ambulant)*

3.4 Competition Schedule

The competition schedule below is version 1 as at March 2019 and is subject to change depending on final entries

Session 1: Monday 15 July

Time	No.	Event	Round
1530hrs	1	Decathlon: Event 1 Men 100 Metre	Finals
1600hrs	2	Decathlon: Event 2 Men Long Jump	Finals
1730hrs	3	Decathlon: Event 3 Men Shot Put	Finals
1745hrs	4	Men 800 Metre	Heats
1800hrs	5	Men Javelin	Finals
1800hrs	6	Women Pole Vault	Finals
1815hrs	7	Decathlon: Event 4 Men High Jump	Finals
1830hrs	8	Men 3000 Metre Steeplechase	Finals
1900hrs	9	Men 3000 Metre Steeplechase Medal Presentation	Finals
1910hrs	10	Men 100 Metre	Heats
1930hrs	11	Women Shot Put	Finals
1930hrs	12	Men Javelin Medal Presentation	Finals
1940hrs	13	Women 5000 Metre	Finals
2010hrs	14	Women Pole Vault Medal Presentation	Finals
2020hrs	15	Women 5000 Metre Medal Presentation	Finals
2030hrs	16	Decathlon: Event 5 Men 400 Metre	Finals
2040hrs	17	Women 100 Metre	Heats
2050hrs	18	Women Shot Put Medal Presentation	Finals

Session 2: Tuesday 16 July

Time	No.	Event	Round
0900hrs	19	Women Javelin Ambulant	Finals
1000hrs	20	Men High Jump	Finals
1000hrs	21	Decathlon: Event 6 Men 110 Metre Hurdles	Finals
1050hrs	22	Women 400 Metre	Heats
1100hrs	23	Decathlon: Event 7 Men Discus	Finals
1110hrs	24	Women Javelin Ambulant Medal Presentation	Finals
1120hrs	25	Men 400 Metre	Heats
1130hrs	26	Men High Jump Medal Presentation	Finals

Session 3: Tuesday 16 July

Time	No.	Event	Round
1500hrs	27	Women Hammer	Finals
1515hrs	28	Decathlon: Event 8 Men Pole Vault	Finals
1530hrs	29	Men Javelin Ambulant	Finals
1600hrs	30	Women High Jump	Finals
1615hrs	31	Women Hammer Medal Presentation	Finals
1645hrs	32	Men 100 Metre	Semis
1700hrs	33	Men 10000 Metre	Finals
1730hrs	34	Men Javelin Ambulant Medal Presentation Ambulatory	Finals
1745hrs	35	Decathlon: Event 9 Men Javelin	Finals
1750hrs	36	Women 800 Metre	Finals
1800hrs	37	Women High Jump Medal Presentation	Finals
1810hrs	38	Men 800 Metre	Finals
1820hrs	39	Men 10000 Metre Medal Presentation	Finals
1830hrs	40	Decathlon: Event 10 Men 1500 Metre	Finals
1840hrs	41	Women 800 Metre Medal Presentation	Finals
1855hrs	42	Women 100 Metre Ambulant	Finals
1900hrs	43	Men 100 Metre Ambulant	Finals
1910hrs	44	Men 800 Metre Medal Presentation	Finals
1915hrs	45	Women 100 Metre Medal Presentation Ambulatory	Finals
1920hrs	46	Men Medal Presentation Dec Medal Presentation	Finals
1930hrs	47	Men 100 Metre	Finals
1940hrs	48	Men 100 Metre Medal Presentation Ambulatory	Finals
1950hrs	49	Women 100 Metre	Finals
2010hrs	50	Women 100 Metre Medal Presentation Ambulatory	Finals
2020hrs	51	Men 100 Metre Medal Presentation	Finals

Session 4: Wednesday 17 July

Time	No.	Event	Round
1530hrs	52	Men Hammer	Finals
1545hrs	53	Men 400 Metre Hurdles	Heats
1600hrs	54	Men Pole Vault	Finals
1615hrs	55	Heptathlon: Event 1 Women 100 Metre Hurdles	Finals
1630hrs	56	Men 200 Metre	Heats
1700hrs	57	Men Hammer Medal Presentation	Finals
1700hrs	58	Heptathlon: Event 2 Women Shot Put	Finals
1800hrs	59	Women Discus	Finals
1820hrs	60	Men Pole Vault Medal Presentation	Finals
1830hrs	61	Men 1500 Metre	Finals
1830hrs	62	Heptathlon: Event 3 Women High Jump	Finals
1845hrs	63	Women 10000 Metre	Finals
1900hrs	64	Men 1500 Metre Medal Presentation	Finals
1940hrs	65	Heptathlon: Event 4 Women 200 Metre	Finals
1950hrs	66	Women 400 Metre	Finals
1950hrs	67	Women Discus Medal Presentation	Finals
2000hrs	68	Women 10000 Metre Medal Presentation	Finals
2010hrs	69	Men 400 Metre	Finals
2020hrs	70	Women 400 Metre Medal Presentation	Finals
2030hrs	71	Men 400 Metre Medal Presentation	Finals

Session 5: Thursday 18 July

Time	No.	Event	Round
1530hrs	72	Heptathlon: Event 5 Women Long Jump	Finals
1600hrs	73	Men Long Jump	Finals
1600hrs	74	Men Discus	Finals
1615hrs	75	Women 200 Metre	Heats
1630hrs	76	Men 200 Metre	Semis
1650hrs	77	Women 100 Metre Hurdles	Finals
1700hrs	78	Heptathlon: Event 6 Women Javelin	Finals
1705hrs	79	Men 110 Metre Hurdles	Finals
1720hrs	80	Women 100 Metre Hurdles Medal Presentation	Finals
1730hrs	81	Women 1500 Metre	Finals
1745hrs	82	Men 5000 Metre	Finals
1750hrs	83	Men Shot Put Secured Throw	Finals
1800hrs	84	Women Triple Jump	Finals
1800hrs	85	Men Discus Medal Presentation	Finals
1810hrs	86	Women 1500 Metre Medal Presentation	Finals
1820hrs	87	Men 110 Metre Hurdles Medal Presentation	Finals
1830hrs	88	Women Javelin	Finals
1830hrs	89	Heptathlon: Event 7 Women 800 Metre	Finals
1835hrs	90	Men Long Jump Medal Presentation	Finals
1845hrs	91	Women 200 Metre	Finals
1855hrs	92	Men 200 Metre	Finals
1905hrs	93	Men 5000 Metre Medal Presentation	Finals
1915hrs	94	Women Triple Jump Medal Presentation	Finals
1925hrs	95	Men Shot Put Sec Medal Presentation	Finals
1935hrs	96	Women Medal Presentation Hep Medal	Finals
1945hrs	97	Women 4x400 Metre Relay	Finals
1955hrs	98	Men 4x400 Metre Relay	Finals
2000hrs	99	Women Javelin Medal Presentation	Finals
2010hrs	100	Women 200 Metre Medal Presentation	Finals
2020hrs	101	Men 200 Metre Medal Presentation	Finals
2030hrs	102	Women 4x400 Metre Relay Medal Presentation	Finals
2040hrs	103	Men 4x400 Metre Relay Medal Presentation	Finals

Session 6: Friday 19 July

Time	No.	Event	Round
1400hrs	104	Women Long Jump	Finals
1430hrs	105	Women Shot Put Ambulatory	Finals
1530hrs	106	Men Triple Jump	Finals
1545hrs	107	Men Shot Put	Finals
1600hrs	108	Women 400 Metre Hurdles	Finals
1610hrs	109	Women Long Jump Medal Presentation	Finals
1630hrs	110	Men 400 Metre Hurdles	Finals
1640hrs	111	Women Shot Put Amb Medal Presentation Ambulatory	Finals
1650hrs	112	Women 400 Metre Hurdles Medal Presentation	Finals
1700hrs	113	Women 3000 Metre Steeplechase	Finals
1720hrs	114	Men 400 Metre Hurdles Medal Presentation	Finals
1730hrs	115	Men Shot Put Medal Presentation	Finals
1740hrs	116	Men 4x100 Metre Relay	Finals
1750hrs	117	Women 4x100 Metre Relay	Finals
1800hrs	118	Women 3000 Metre Steeplechase Medal Presentation	Finals
1810hrs	119	Men Triple Jump Medal Presentation	Finals
1820hrs	120	Men 4x100 Metre Relay Medal Presentation	Finals
1830hrs	121	Women 4x100 Metre Relay Medal Presentation	Finals

Session 7: Saturday 20 July

Time	No.	Event	Round
0600hrs	122	Men Half Marathon	Finals
0600hrs	123	Women Half Marathon	Finals
0815hrs	124	Women Half Marathon Medal Presentation	Finals
0830hrs	125	Men Half Marathon Medal Presentation	Finals

3.5 Entries

3.5.1 Entries, Seeds and Draws

The draw will be conducted in accordance with the IAAF Rules. Further details will be provided at the Technical Committee Meeting.

3.5.2 Maximum Entries

The maximum number of athletes per Country who may compete in the XVI Pacific Games Athletics competition is as follows:

- For an Individual Event, up to 3 athletes per event
- For relays, up to 1 team per relay.

3.5.3 Confirmation of Entries

Confirmation of entries is the responsibility of the Team Managers.

- The Organising Committee will provide each Team Manager with a copy of their entries upon arrival.
- Team Managers should check entries and return with substitutions/deletions to the TIC in the Games Village within 24 hours of arrival.
- An updated list of competitors and events will be provided at the Technical Meeting.
- Final confirmation of an entry must be received at the TIC by 12 noon on the day prior to the conduct of the event.
- After the close of confirmation of each event, heat allocation and lane draws will then be conducted for those events requiring them. Draws for all events will be posted on the notice board at the Games Village, and on the noticeboard outside the TIC at the Apia Park Stadium as soon as they become available.
- Team Managers must notify any scratchings/withdrawals to the TIC no later than two (2) hours before the scheduled starting time for each event using the Official Scratchings Form. Where an athlete is injured during warm up, the TIC should be informed immediately.
- An athlete shall be excluded from participation in all further events in the competition, including relays where:
 - A final confirmation was given that the athlete would start in an event, but then failed to participate, so that it was not practicable to delete the name officially from the list of starters for the event;
 - He / she qualified in preliminaries or heats for further participation in an event, but then failed to participate further.
- The provision of a medical certificate, endorsed by a medical officer appointed or approved by the Organising Committee, may be accepted as sufficient reason to accept that the athlete became unable to compete after confirmation closed or after competing in a previous round, but will be able to compete in further events on a subsequent day of the competition (IAAF Rule 142.4)]
- No additional entries will be accepted at the Technical Meeting, except in exceptional circumstances. However Federations may substitute athletes already entered in the events where required, at the Technical Meeting.

3.5.4 Additional Heats/Elimination Rounds

If additional heats are required all entries for that event will be notified through their team manager.

3.5.5 Preliminary Round Not Required

By the same token if a preliminary round is not required, once again entries will be notified through their team manager.

3.5.6 Relay Confirmation

Relay confirmation sheets must be completed by the Team Manager and submitted at the TIC.

The composition of the team and running order shall be officially declared no later than two (2) hours before the first published call for the first heat of each round of competition.

Each member of a relay team may run one leg only. Any four athletes from among those entered for the competition may be used in the composition of the relay team for any round. However, once a relay team has started in a competition up to a total of four additional athletes may be used as substitutes in the composition of the team. If a team does not follow this Rule, it shall be disqualified. (Rule 170.10)

Further alterations may be made on medical grounds only if verified by a medical officer appointed by the Organising Committee until the final call for the particular heat/final in which the team is competing. (IAAF Rule 170.11)

3.6 Bibs/Numbers

Competition numbers will be distributed prior to the start of the Technical Meeting. They will be given to Team Managers who will be responsible for issuing them to athletes from their Federation.

Each competitor will receive their own competition bibs with their own unique individual marker on it.

Bibs must be pinned firmly with four pins to the front and back of the competition clothing, to the back of the tracksuit, and to the bag.

Exceptions are made for Jump's Athletes who are permitted to attach the bib only to the front or to the back of their competition clothing, as well as their tracksuit and bag.

Each runner in a relay team must wear the bib with their country name on his/her front and back.

The competition bibs must not be cut, folded or covered or ruined in anyway.

The entire number and sponsorship information must be easily read.

3.7 Protests, Appeals and Arbitration Procedures

Protests are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the appropriate Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3).

The Jury of Appeal will deal with any appeals lodged against a decision of a Referee and arising from the conduct of the competition in accordance with the IAAF rules.

Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board).

Any written appeal to the Jury of Appeal must be made in writing on the appropriate appeal form available from the TIC. It must be signed by a responsible official on behalf of the athlete and submitted to the TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of USD\$50, as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned.

The Jury's decision will be provided in writing.

3.7.1 Jury of Appeal

A Jury of Appeal shall be appointed at the Technical Meeting.

The Jury shall consist of five persons, one each from four different countries, and four alternates from four different countries who will take the place of any member of the Jury of Appeal whose athlete is involved in an appeal

The fifth member of the Jury of Appeal will be the International Technical Delegate who will act as the Chairperson. In the absence of the International Technical Delegate, a referee not involved in the protest shall serve as the Chairperson.

3.8 Equipment

3.8.1 Personal Implements

Personal Implements shall be allowed, providing that:

- They have IAAF certification
- They are not already on the official list
- They are in good condition and the brand is easily recognised.
- They are made available to all the other competitors until the end of the Final

- They will have to be submitted to the Technical Manager in the Equipment Room at Apia Park Stadium no later than 17:00 hours, the day before the event.

Vaulting poles must be delivered to the Technical Manager in the Equipment Room at the stadium by 1700hrs the afternoon before the start of each pole vault event. The poles will be kept in a locked store and will be brought to the competition site in due time by the Technical Team.

After the competitions, the organisers will take the poles to the storeroom area where team representatives will be able to collect them.

Basic implements will be provided for warm up and training.

3.8.2 Hurdle and Implement Specifications

Event	Men	Women
100m Hurdles		0.838m
110m Hurdles	1.067m	
400m Hurdles	0.914m	0.762m
Steeplechase	0.914m	0.762m
Shot	7.26 kg	4.0 kg
Discus	2.0 kg	1.0 kg
Javelin	800 gm	600 gm
Hammer	7.26 kg	4.0 kg

3.8.3 Starting Heights

Starting heights along with progressions of raising the bar will be confirmed at the Technical Meeting.

3.9 Refreshment Stations

3.9.1 Drinks Table for Track Distance Events

A drinks table may be set up on the back straight for athletes competing in the 5 000m and 10 000m on the track if weather conditions warrant such provision.

3.9.2 Drinks and Sponging Station for the Half Marathon

Water and other suitable refreshments will be available at the start and finish of the half marathon event, and at designated aid stations along the course.

3.10 Competition Clothing

Competitors must wear the Federation's official team clothing. Team clothing must be uniform. A competitor wearing any other clothing will not gain access to the competition

area and will not be allowed to compete. This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.

All teams must submit their team's officials uniform to the Technical delegate prior to the Technical Meeting to be photographed and checked.

The maximum spike lengths in the various events are:

- Track, Long Jump, Triple Jump and Pole Vault: 7mm- "pyramid spikes"
- High Jump and Javelin: 9mm – "pyramid spikes"

3.11 Call Room

It is the responsibility of the team managers to ensure that their athletes are aware of the check-in times for entry to the call room. Only athletes are permitted in the Call Room.

NO ATHLETE IS TO GO DIRECTLY TO THE EVENT SITE.

Athletes arriving late may be excluded from participation in the event.

The following is the tentative schedule for athletes to report to the Call Room before each event – these times may be adjusted based on venue conditions and number of competitors per event:

Events	Entrance to Call Room	Entrance to In Field
Running Events except hurdles	20 minutes	10 minutes
Hurdles/Relays	30 minutes	15 minutes
Horizontal Jumps and Shot Put	40 minutes	30 minutes
High Jump/Discus/Javelin/Hammer	50 minutes	40 minutes
Pole Vault	90 Minutes	60 minutes

If an athlete is already competing in another event at the designated call time, the Team Manager must notify the Call Room of this prior to the designated call time.

The above times allows for Call Room procedures which are to identify athletes by ID and competition numbers; and for checks to be carried out on equipment to ensure compliance with IAAF Advertising and Competition Rules on the following items:

- Competition clothing;
- Shoes;
- Bags; and
- That non-authorized equipment (radio, Walkman, mobile phone, camera etc.) are not brought to the infield.

Non-authorized equipment will be confiscated and kept at the Call Room for collection by the athlete after his/her event. Confiscated items not collected from the Call Room will be available at the TIC.

Once the Call Room procedures have been completed, a Call Room Judge will escort the athletes to their event site or location.

3.12 Event Presentation Format

3.12.1 Running Events

Athletes will be escorted to the start. For the early rounds, athletes with significant performances will be highlighted.

For the semi-finals and finals athletes will be introduced from their lanes or starting position.

3.12.2 Field Events

Athletes will be escorted to their event site to finalise their warm up.

When the competition is ready to begin athletes will line up at the event site and are introduced in jumping or throwing order.

3.13 Competition Preparation and Delivery

3.13.1 Field Event Trials

Athletes may only use the official run up markers provided by the Organising Committee for the approach. These will be handed out by the competition officials at the competition area.

The warm-up trials will be supervised by the judges. Warm-ups in the throwing events will be by competition order.

All competitors in the following field events will be allowed three (3) trials. The top eight (8) competitors will then be allowed three more trials:

- Long Jump/Triple Jump
- Shot Put
- Discus/Hammer/Javelin

In the high jump and pole vault a competitor is eliminated after three consecutive misses.

3.13.2 Measurement

Measurement of the long throws will be by a certified Electronic Measuring Device Shot Put and the horizontal jumps will be measured by fibreglass tape measures. Any record performances will be certified by steel tape measures.

3.13.3 Track Events – Progression to Finals

The number of rounds and heats to be conducted for all track events, and the number of athletes to progress to the next round will be determined in accordance with IAAF Rule 166

100 / 200 / 400 / 800 / 400 Hurdles

1 – 8 athletes	Final only
8 – 24 athletes	Two (2) rounds only
Over 24 athletes	Three (3) rounds only

1500 / 5000 / 10000 / Steeplechase

Final only

Progressions for events up to 400 metres

2 heats	First 3 per heat plus next 2 fastest to final
3 heats	First 2 per heat plus next 2 fastest to final
4 heats	First 3 per heat plus next 4 fastest to 2 semi-finals
2 semi-finals	First 3 per heat plus next 2 fastest to final
5 heats	First 4 per heat plus next 4 fastest to 3 semi-finals
3 semi-finals	First 2 per heat plus next 2 fastest times to final

Where it is decided that semi-finals shall be conducted, adjustments to the above progressions will be made and notified either at the Technical Meeting, or as soon as practicable there after. In the case of a tie, IAAF Rule 167 will apply.

3.13.4 Clothing

Tracksuits shall be placed in baskets at the start, to be taken to the Post Event Control collection area.

3.13.5 Starters Commands

The starter commands will be given in English, as follows:

For distances up to and including 400m:

- "On your marks"
- "Set"
- Fire the gun

For distances of 800m and more:

- "On your marks"
- Fire the gun

If for any reason the starter feels it is necessary to interrupt the process he/she will say:

- "Stand Up"

Nordic Elite starting blocks will be used at the Samoa 2019 XVI Pacific Games.

3.13.6 Timing

The official timing will be provided by Finish Lynx Digital Photo-finish and Timing Equipment and will be displayed on the official electronic timing instrument and photo finish cameras provided by the Brook Group, Ourimbah, New South Wales, Australia.

For all races of 800m or more, the elapsed time will be displayed on infield clock/display board.

3.13.7 Leaving the stadium during competition

An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.

3.13.8 Field of Play/Coaches Area

Access to the field of play is restricted to Technical Officials, athletes competing in events in progress, accredited media, and officially designated medical personnel.

An area is designated off the field of play near each field event site as a coaching area. Coaches are confined to this area, and athletes are able to talk to their coach in this designated area.

3.14 Completion of Competition

3.14.1 Leaving stadium

After the competition, athletes leave immediately through Post Event Control where they retrieve their clothing. Any athletes required for doping control will be told at this time.

After leaving Post Event Control athletes will move through the Mixed Zone.

3.14.2 Interviews/mixed zone

Immediately after the competition, the flash interview group will interview the winning athletes. In the mixed zone, all athletes meet the media: first the TV cameras, then the radio and finally the written press. It is for the athlete to decide whether he/she will give an interview. Athletes are requested to co-operate with the media.

3.15 Information during and after competition

3.15.1 Timing Clock and Scoreboard

A clock showing the race time is positioned in the in-field near the finishing line.

3.15.2 Field Event Display Boards

The result of each trial in field events will be shown on rotating result boards displaying the athlete's number, the number of the trial, and the athlete's performance.

3.15.3 Announcements

Official announcements will be made in English and French

3.15.4 Start Lists

Start Lists will be available for Team Managers immediately after the Technical Meeting. These will be updated after 1200hrs each day for the next day's competition.

Start lists for each day will also be posted on the Notice Board outside the TIC.

3.15.5 Results Lists/Complete set of results

On completion of events, results will be posted on the Notice Board outside the TIC.

Copies of the results of each day's events will be distributed to each Team Leader at the TIC in team pigeon hole / mailboxes on each evening of competition.

Completed results in the form of a booklet will be issued to Team Manager at the village at the conclusion of the competition.

4.

**COMPETITION
VENUE**

4.1 Apia Park

The Athletics competition of the XVI Pacific Games will be held at the Apia Park Stadium.

Apia Park Stadium has hosted the Oceania Athletics Championships in 2006, the Pacific Games Athletics 2007, and the Commonwealth Youth Games 2015 Athletics Competition.

For the XVI Pacific Games, it will host Athletics, Rugby 7's, League 9's as well as the Opening and Closing Ceremonies.

Apia Park Stadium has grandstand seating for 8,000 people.

4.2 Travel time

Apia Park Stadium is approximately 20 minutes journey time from the Games Village.

4.3 Facilities

4.3.1 Competition Area

8 lane Balsam All-Weather Synthetic Athletics 400m Track

- 1 Long Jump Pit
- 1 Shot Put Circle
- 1 Discus Circle
- 1 Javelin Runway
- 1 High Jump Area
- 1 Pole Vault Runway

4.3.2 Warm Up Area

The warm up area adjacent to the main stadium has the following sites:

- Marked lanes on the grass adjacent to the synthetic straight.
- Shot put circle
- Discus Circle with cage

4.3.3 Other Facilities

- Toilets and Changing Rooms
- Media Areas
- Technical Officials and Support staff offices

4.3.4 Inspection of Competition Venue

On arrangement through the TIC, team coaches, team managers and team members may visit the venue inspecting access routes and other facilities which will be important to the teams once competition gets underway.

On receipt of request to inspect the Venue from a number of Federations an Inspection Schedule will be drawn up and circulated to Federations concerned.

4.4 Technical Details

The track has been certified to Class II with the IAAF.

All track events will be timed with the Finish lynx Etherlynx Professional High Speed, High Resolution camera.

Where possible throwing events will be measured with an Electronic Measuring Device.

Where this isn't possible for throwing events and for horizontal jumping events measurement will be with fibreglass measuring tapes. Pacific Games records will be confirmed with a certified steel tape measure.

5.

TRAINING VENUE

Information regarding training venue will be available at a later date.



INFORMATION

6.1 Information before 4 July, 2019

PGAs requiring any information or clarification should contact the relevant Sports Competition Manager.

6.2 Information from 4 July, 2019

The main Sport Information Centre (SIC) is located in the Games Village within the Faleula Methodist Compound. There will also be a Sport Information Desk (SID) at each of the Competition Venues.

The TIC (see section 3) will be located at Apia Park Stadium for the duration of the competition.

6.3 Sports Information Centre at the Games Village

The SIC at the Games Village will be open from 4 July 2019. It will open from 0700hrs until 2200hrs and will provide Chef de Mission, Team Managers and Team Officials with critical information relating to specifically to training and competition for each of the 27 Sports.

Athletes will not have access to the Sports Information Centre.

The SIC will be staffed by personnel who can liaise directly with relevant Sports Competition Managers, to provide a one-stop sport, transport information and troubleshooting service to Team Officials and their technical staff.

The SIC will provide all sports information and results. Other general services offered by the information centre are:

- Distribution of technical information, such as results, start lists, competition schedules etc.
- Distribution of information regarding Technical meetings, seedings and draws, Technical Officials appointments, training sessions, transport arrangements, etc.
- Procedures for PGAs to book/amend training sessions.
- Procedure for PGAs to declare training sessions open to the media and for advising media on a daily basis of any "open" training sessions.
- Providing communication links between competition venue, Competition Management and Teams.
- Receipt and authorisation of requests for Athlete Venue Meals.
- Co-ordination of sports and other information for PGAs.

6.4 Results

Results will be available for publication and online between 30 and 60 minutes after the conclusion of competition.

7.

MEDICAL

7.1 Games Polyclinic

The Village Medical Centre at the Games Village will provide primary medical care services from 4 July – 22 July, 2019 to all Athletes, Team Members and Officials.

The clinic will operate 24 hours and be staffed mainly by a qualified doctor and registered nurses on 8-hour shifts.

Dental officer, physiotherapy and pharmaceutical services are available onsite daily from 0700hrs to 2200hrs.

Services provided: General medical and emergency services with pharmacy and dental mobile facility. Ambulance service will also be onsite.

7.2 Technical Officials

Technical Officials will be able to use the facilities at the Games Polyclinic, during the stated times of operation. Technical officials can access all of the services provided, including the stated 24-hour emergency services.

7.3 Competition Venues

Medical services will be provided for athletes at each of the Competition Venues. The service will be available from one (1) hour prior to start of competition until all athletes have been treated. Where required by the sport, paramedic ambulances will also be on standby at the venue.

7.4 Training Venues

Medical services provided to the Training Venues shall be on an on-call basis. Referrals from team doctors requiring further attention can be attended to at the Polyclinic.

Where required by the sport, paramedic ambulances will also be on standby on an on-call basis.

7.5 Prosthesis Repair

Prosthesis repairs will be provided at the TTM General Hospital Medical Device Services. All requests for repairs should be through the Polyclinic.

7.6 Doping Control

The Athletes are informed that drug testing will be organised for the duration of the Samoa 2019 XVI Pacific Games, in close collaboration with the World Anti-Doping Agency (WADA).

It is the responsibility of supervisors and Athletes to refer to the list of prohibited substances and to abstain from consuming them.

The list can be downloaded from the World Anti-Doping Agency website (www.wada-ama.org).

Any Athlete that tests positive to a prohibited substance will be disqualified from the Samoa 2019 XVI Pacific Games.

8.

TRANSPORT

8.1 Athletes and Team Officials

Athletes and Team Officials from each country will use dedicated private vehicles for their movement through Games locations, including the Games Village, the competition venue, the training venue and the dining halls. These vehicles will come with a dedicated driver. Each team is responsible for the driver. The vehicles will be available from the date of arrival of the team to the end of competition.

8.2 Technical Officials

Technical Officials will use a Technical Official Shuttle Service for their movement to and from their accommodation to the Competition Venues. This service will run from date of arrival through the day after competition. As different sports are accommodated at different hotels, the service will be dedicated to each group of Technical Officials. Technical Officials will use a pool vehicle service to access the dining halls on an individual technical official basis.

8.3 Competition Venues

Shuttle Bus Services to Competition Venues will cease upon completion of that venue's competition. Note the shuttle bus service does not stop at every competition venue.

Bus services to all Sporting Venues cease by 1900hrs, on 20 July 2019

9.

GENERAL REFERENCE INFORMATION

9.1 Technical Committee

Role of the Technical Committee.

The Technical Committee will abide by the following rules enacted by the Pacific Games Council Charter amended on June 17, 2018.

Protocol 15 of the Pacific Games Charter: Organisation of the Different Sports Competition Committees.

15.1 The Council has complete control of the policy of the Games.

15.2 The Organising Committee shall set up its own sports division and also one such sports competition committee for each sport. Each National Federation of the Host PGA affiliated to the relevant International Federation whose sport is included in the programme of the Games shall appoint one of its representatives to serve on the sports competition committee. Each representative shall keep his/her governing body informed on progress made. The governing body shall maintain close liaison with the sports competition committee of its sport and be initially responsible, within the overall policy of the OC, for the arrangements of its sport.

15.3 Under the direction of the Council, the Organising Committee shall convene meetings of a PGC Technical Committee for each sport. The PGC Technical Committee will supervise and assume complete control of the technical arrangements for the sport, and ensure that the sport is conducted in accordance with the relevant International Federation's regulations unless as varied by the PGC Executive Board.

15.4 Membership of each PGC Technical Committee shall consist of two representatives from the Host country/territory, one representative from each of the other competing countries/territories and the International Federation representative (or their nominee), all with voting rights. Other members maybe co-opted, but without voting rights.

15.5 The date, time and place of the meeting of a PGC Technical Committee for each sport will be communicated to all PGAs at least one month prior to the opening of the Games. The meeting itself will be held not more than 48 hours prior to the commencement of the sport.

15.6 Each PGC Technical Committee shall elect its own Chairman and have an officer of the Council as an ex-officio member.

15.7 No PGC Technical Committee can validly meet without at least 50% of participating PGAs (excluding the Host) in that sport being present.

15.8 The PGC Technical Committee may alter the order and timing of events during and between each day of competition on the programme, but it may not alter the detailed programme and/or dates of sport competition without the approval of the PGC Executive Board.

9.2 International Rules

The events will be organised in conformity with the regulations of the international rules of the International Association of Athletics Federations.

9.3 Medals

Gold, Silver and Bronze medals will be awarded in the Pacific Games Athletics in accordance with the PGC Charter; Protocol 26.

- Four (4) or more contestants: Gold Silver and Bronze
- Three (3) contestants: Gold and Silver only
- Two (2) contestants: Gold only
- One (1) contestant: No Event, No Medal

9.4 Medal Ceremonies

In conformity with Protocol 23 of the Charter, the Medal Ceremonies will be held after the finals.

Each Athlete is requested to wear the official sports uniform of her/his delegation to attend the Medal Ceremony.

Athletes should attend all medal ceremonies in their official PGA team tracksuit and appropriate footwear, even where the medal ceremony is scheduled for a different day to the day of competition.

9.5 Personal Clothing and Personal Equipment

As per the Pacific Game Charter:

Regulation 17 Part II Rules Relating to Identification of Personal Clothing and Personal Equipment.

There shall be no advertising or publicity on personal equipment and competition clothing used or worn at the Games. Subject to the International Federations rules identification of the manufacturer (Name and/ or Logo) of the equipment and clothing may appear, if not marked conspicuously for advertising purpose as follows;

1. **Manufacturer's Identification:** The identification of the manufacturer shall not appear more than once per item of Clothing and equipment.
2. **Equipment:** Manufacturer's identification shall not exceed 10 percent of the surface area of the equipment that is exposed during competition and shall not be more than 60 square centimetres.

3. **Headgear (Hats, Helmets, sunglasses, goggles etc.) and gloves:** Any identification of the manufacturer shall not exceed 6 square centimetres.
4. **Clothing:** One identification of the manufacturer (Logo, Name or combination) may appear on each article of clothing worn by athletes, officials or judges (vest, shorts, track-suits, etc.) the maximum area of which shall be 15 square centimetres with a height of 4 centimetres. No other form advertising or sponsorship on clothing shall be permitted.
5. **Shoes:** The normal distinctive design pattern of the manufacturer is permitted. The manufacturer's name and/ or logo may also appear, up to a maximum of 6 square centimetres, either as part of the normal distinctive design pattern or independent of the normal distinctive design pattern.
6. Variation of the above rules shall be subject to approval of the Executive Board.

9.6 Eligibility

All athletes wishing to compete in the Samoa 2019 XVI Pacific Games must comply with current requirements for representing a Country and participating in the Games according to the PGC charter; Article 26

In the event of a challenge to a competitor's eligibility, the Executive Board shall immediately refer the challenge to the Disputes Tribunal in accordance with PGC Charter; Article 26.8

The Tribunal's decision shall be final. No further challenges shall be considered thereafter.

Pacific Games Association delegation entries are required to be finalised, confirmed and posted on the Pacific Games Council and Organising Committee websites 20 days prior to the commencement of the Games. PGC Charter; Article 26.10

9.7 Mixed Zone

On each competition site a zone dedicated to exchanges between the Athletes and accredited journalists will be reserved near the exit from the competition area (mixed zone). It will be a brief exchange and athletes and team supervisors are requested to cooperate with the media.

9.8 Charter of the Games

The events will be organised in conformity with the Pacific Games Council Charter which should be referred to whenever technical information which does not appear in the international regulations.

The Pacific Games Council Charter can be downloaded from the Samoa 2019 XVI Pacific Games website (www.samoa2019.ws) in the "About Us" section.

10.

MAPS AND PLANS

APIA PARK



- Toilets
- Shuttle Stop
- Security
- VIP Area
- Ticket Sales
- Food Stalls
- Anti-doping Clinic
- Fire Emergency Assembly Point

